

Blauen Spa at Hochblauen

Reconnect. Restore. Rise.



HOCHBLAUEN

ALTITUDE 1165

Our Philosophy

Wellness Rooted in Nature

At Hochblauen, wellness is more than a service — it's a feeling. Surrounded by the Black Forest, fresh mountain air and panoramic calm, Blauen Spa invites you to slow down, breathe deeply, and reconnect.

Every detail is designed for peace and renewal, from natural materials and soft light to soothing aromas and tranquil spaces inspired by nature.

Blauen Spa is a sanctuary for body, mind, and spirit — where stillness meets restoration, and each moment is shaped by the healing rhythm of the mountains.

The Spa Experience

What Awaits You

Panoramic Relaxation Lounge

A peaceful space to unwind, surrounded by nature and open views. Soft light, comfortable loungers, and quiet moments invite deep rest between treatments.

Sauna & Steam Experience

Restore your energy in our panoramic sauna and steam bath, where warmth meets fresh mountain air to relax muscles and clear the mind.

Treatment Rooms

Private, tranquil spaces designed for comfort and calm — where personalized treatments bring balance, renewal, and deep relaxation.

Quiet Zones & Nature Terrace

Retreat into stillness indoors or step outside to breathe in the forest air and panoramic scenery, letting nature complete your wellness journey.

Our Signature Treatments

Discover our most-loved treatments — created to restore balance, release tension, and renew body and mind. Inspired by nature, delivered with mindful care.

Alpine Balance Massage – Signature Classic

A calming full-body massage to ease tension, reduce stress, and restore deep relaxation.

60 / 90 min

Deep Muscle Recovery

Targeted techniques to relieve tight muscles and support active bodies after hiking or sports.

60 min

Total Relaxation Ritual

A complete head-to-toe experience combining massage and deep relaxation for full renewal.

90 min

Blauen Glow Facial

Hydration and skin renewal for a fresh, radiant complexion using professional skincare.

60 min



Relaxation & Balance

Alpine Balance Massage – Signature Classic

A calming full-body massage to release tension, reduce stress, and restore deep relaxation.

60 min €95 | 90 min €139

Lomi Lomi Nui – Hawaiian Flow Massage

Flowing, rhythmic movements with warm natural oils for deep physical and emotional relaxation.

70 min €149

Focus & Renewal

Facial Calm Ritual – Head & Face Massage

A gentle facial and scalp massage with nourishing oils to ease tension and refresh the skin.

30 min €55 | 45 min €75

Reflex Balance – Foot Reflexology

Targeted pressure points stimulate energy flow and support overall well-being.

30 min €55

Deep Relax Duo – Back & Foot Reflexology

A harmonizing combination to release tension and restore balance.

50 min €89



Facials & Skin Renewal - Alpin Beauty Rituals



Alpine Beauty Rituals – Hydration & Calm

Calm & Care Ritual

Soothing facial with cleansing, massage, active care and LED therapy for stressed or sensitive skin.
60 min €85

Rosy Balance Ritual

Gentle care to calm redness-prone skin and strengthen the skin barrier.
45 min €80

Alpine Beauty Rituals – Deep Cleansing & Clarity

Pure Skin Ritual

Deep cleansing, extractions, masks and LED therapy to refine the complexion.
75 min €105

Beauty Express

Quick refresh with cleansing and mask — perfect between activities.
35 min €49

Alpine Beauty Rituals – Glow & Renewal

Timeless Glow Ritual – Anti-Aging

Deep cleansing, massage, active ingredients and LED therapy for radiant, revitalized skin.
60 min €92 | 90 min €129

Products We Trust

CHRIS FARRELL



At Blauen Spa, we work with Chris Farrell professional skincare — a German dermatological brand known for its skin-identical active ingredients and gentle, results-driven formulations. Selected for their effectiveness and suitability for sensitive and stressed skin, these products support deep cleansing, hydration, regeneration, and long-term skin health. Combined with targeted techniques and LED therapy, they form the foundation of our Alpine Beauty Rituals.

Your Spa Experience at Blauen Spa

Our Facilities

- Panoramic infinity pool
- Sauna & steam bath
- Relaxation lounge
- Quiet zones & nature terrace

Opening hours

Spa Area: daily from 8:00 a.m. to 9:00 p.m.

Treatments: By appointment

Contact

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